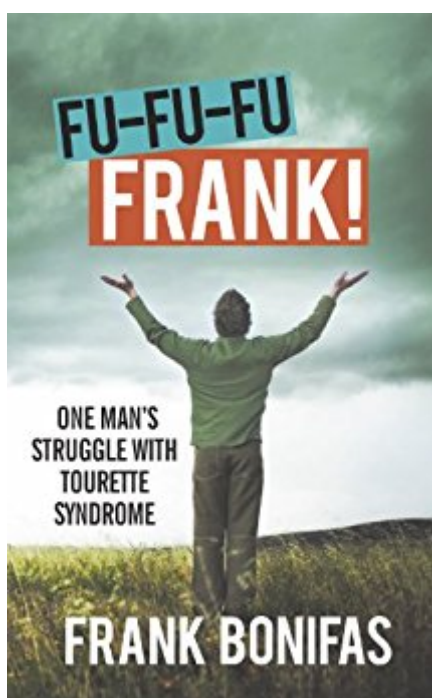


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FU-FU-FU-FRANK!: One Man's Struggle With Tourette Syndrome



Synopsis

Growing up when your body and mind insist on performing things that are far from normal must be like a hell on earth. Frank developed Tourette Syndrome before the disease was recognized as a physiological ailment, and eventually inherited all of its complications. After many admissions to hospitals where he was treated as a psych patient, he was finally admitted to New York Hospital and diagnosed with Tourette Syndrome. Some victims of TS have very mild symptoms, such as an occasional twitch, eye blinking, or throat clearing. Frank's severe tics in the form of loud barking noises, body twitches, picking at his skin, or poking others, plus ADHD, OCD, coprolalia (constantly using obscene language), echolalia (repeating sentences and words over and over), all led to a life filled with experiences that most of us could not imagine. Through this book he has relived some of those events, and explains that he would probably have committed suicide if he had not believed such an action would condemn him to hell for all eternity. You will laugh and cry as you read his story, and obtain a better understanding of Tourette Syndrome or anyone afflicted with similar disorders.

Book Information

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Customer Reviews

This book breaks my heart. I grew up in a small town near Frank and knew of his strange behavior that showed up at times, and I was one of his peers who had no way of knowing what was causing it. I sincerely hope that I wasn't one of the many people who would mimic or make fun of Frank. There were times when I know we interacted at parties or football/basketball games and I always felt a little sorry for him. My own upbringing was embarrassing and at times I felt a connection to his situation. Hopefully Frank will read this and realize we weren't all jerks back then - we just didn't know any better. Bless you for your perseverance and strength. Helen

I applaud Frank Bonifas for writing this brave, touching, eye opening memoir. It is an inspirational story for anyone with obstacles in their life. It openly reveals the things "you don't talk about" in a small town. Physical abuse, bullying, molestation, mental illness and financial difficulties are dealt with honestly and openly. The barking, twitching boy who went to the looney bin was a kind sensitive young man with a wounded heart and a forgiving soul and a terrible disease. Thank you Frank for telling your story!

Brilliant man, tortured soul.

Great book! What courage it has taken for Frank to live his life and then recount it and share with us. He provides inspiration for anyone facing difficulties. Frank's faith is remarkable. This is a must read.

While I do find Frank to be brave, this book is not at all what I expected. Why so many church/God references? Needs more info on how he felt...what he went through...There isn't much detail. I think he could have really had a great book if he tried to elaborate on more aspects of his life than just religion.

A fantastic book!! I read it in one evening. Frank has an amazing story and has told it with honesty and hope. His courage and perseverance are an inspiration to all. It will make you laugh and cry and definitely make you think about what kind of a person you are. This book makes you want to be a better person! Great job Frank and keep on hoping and praying!

Great opportunity to read a true story from someone that knows. A small town man with a powerful story. Please read this book.

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